Food Science and Nutritional Sciences Building, Conference Room 120

Persons aged 65 years or older represent the fastest growing population segment in the United States and in many other nations. Many older adults consume less energy as they age, but nutrient needs may increase. Chewing and swallowing often become more difficult in later years. Taste and smell may become impaired, causing reduced eating enjoyment. Opportunities exist for food technologists to develop nutrient-dense, appealing foods designed specifically for older adults.

For information regarding this seminar please contact Laura Amador, amador@sebs.rutgers.edu, 848-932-5425