Laura L. Rokosz, PhD
EGGLRock Nutrition, LLC

Regulation of the Gut-Brain Axis Through Nutritional Support of the Microbiome

Thursday, December 7, 2017, 2:00-3:00PM
Food Science and Nutritional Sciences Building, Conference Room 120

This presentation will provide a description of the microbiome as it relates to nutrient absorption and cognitive development. A healthy microbiome is essential for optimal gut health which in turn, regulates neuronal development. Poor gut health impacts neurotransmission and penetration of the blood brain barrier. A possible correlation with ASD (Autism Spectrum Disorders), aging and drug addiction will be discussed.

For information regarding this seminar please contact Laura Amador, amador@sebs.rutgers.edu, 848-932-5425